

food matters

creating sustainable, equitable food systems

foodworks!

a 2-day workshop in participation skills for people involved in food, health and community work

- Do you want to help the people you work with make better food choices?
 - Learn new skills and tools to help groups and individuals work together to identify problems, solutions and actions to improve health outcomes
- Learn methods to engage local communities otherwise excluded from the policy making process

Participatory Appraisal (PA) is a collection of methods, tools and techniques for interacting with people in a way that enables everyone to share and contribute their skills and experience and knowledge of life on a more equal footing. PA tools are based on visual methods including pictures, diagrams, charts, knowledge lines, these tools and techniques help overcome poor literacy skills, reduces the use of jargon and officialdom, and levels out the playing field.

What will be included

- 2 days PA skills training
- Resources for the training
- There will be a range of publications and web based resources for participants to look at during the 2 day training.
- A toolkit for each participant to take away – this will cover the tools and techniques covered in the workshop with examples and notes about use.

Logistics

Client to organise venue, recruitment, refreshments

Costs

For up to 10 people £1,600 plus expenses – one trainer

Between 10 and 20 people £2,800 plus expenses – two trainers

Contact Food Matters on 01273 431 707

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