

FOOD SECURITY AND ACCESS:

A WHOLE SYSTEMS TRAINING WORKSHOP

food
matters

sustainable, fair food systems



Half-day workshop



In-person or online



Prices starting from £990

Identify long-term and dignified solutions to food insecurity could look like in your local authority



Food insecurity affects an estimated **14 million people** in the UK.



For the **poorest 20% of households**, eating a healthy diet requires spending **70%** of disposable income

This workshop helps local authorities **tackle food insecurity at its roots**. We explore lived experiences of food poverty and the structural factors that drive it. We show why **lasting change** depends on **addressing poverty and inequality**, while building **resilient, thriving communities**, and consider together how to get there.



IN THIS WORKSHOP

- Review a range of **community food models**, including **social supermarkets, food cooperatives, community fridges, mobile fruit and veg schemes** and **community meal programmes**
- Explore **practical ways to design services** that **reduce stigma, increase choice** and **support people to move out of crisis**.
- Explore how **local authorities** can embed **food security** across **public health, planning, community development** and **wider council strategies**.



LEAVE WITH

- A clearer **understanding** of the **root causes of food insecurity**, and the **interventions** that deliver **lasting change**
- An **understanding** of the **practical actions** local authorities can take to create a more **resilient** and **equitable food system**.
- **Practical next steps** to take, such as undertaking a **dignity audit** of your services