

Training for building resilient and dignified food systems

WILL YOURS BE THE FIRST
FOOD BANK FREE
CITY?

ALLIANCE FOR
DIGNIFIED 
FOOD SUPPORT



Our training offer supports local authorities, food partnerships and community food groups to move beyond short-term crisis response and toward the development of a fully integrated, preventative, resilient and dignified food and local support system.



The four training modules do not need to be completed sequentially. Instead we provide organisations with a **bespoke offer** that aligns with where each organisation is on their journey and their specific objectives

Ending Reliance on Emergency Food Aid: a four-tiered training model

Level 1: DIGNITY
Dignity and Community
Food Groups



Level 2: RESILIENCE
Trauma informed training
and structured support for
resilience



Level 3: STRENGTHENING
Working together as local
authorities and food
partnerships to strengthen
food systems



**LEVEL 4:
TRANSFORMATION**
Design and deliver a
transition away from
emergency food

FOR: Community food
groups, emergency food aid
provider, LFPs

WHAT: A practical, interactive
introduction to embedding
dignity within community food
provision, using the ADFS
Dignity Toolkit to audit and
improve current practice

FOR: Community food
groups, emergency food aid
providers and LFPS

WHAT: Embedding trauma-
informed practice, structured
volunteer support and clear
governance processes

FOR: Local authorities, food
partnerships and community
food groups

WHAT: A strategic training
for local authorities and
food partnerships to
strengthen community food
systems by embedding the
ADFS Charter of Rights

FOR: Local authorities,
food partnerships,
statutory services, and
VCSE organisations

WHAT: A comprehensive,
systems-level training to
support local authorities
in using the CRF to design
and deliver a transition
away from emergency
food aid.

2: Organisational resilience while transitioning from emergency food aid

For: Local authorities, food partnerships, community food groups

How: Half-day workshop delivered in-person or online

This workshop helps local authorities to support community food groups to **build resilience** and **adapt** to a **future with less reliance on emergency food provision**.

Using the **ADFS Charter of Staff and Volunteer Rights** as a guiding framework, the session focuses on creating **positive, inclusive, and trauma-informed environments** for **staff and volunteers**. Participants will explore practical ways to **support wellbeing, strengthen volunteer involvement, and build sustainable organisations**.

The training is relevant to a **wide range of food support models**. It helps **local authorities** and **community food organisations** develop a **shared understanding** of their roles and responsibilities within the local food system, enabling them to work together more effectively to **support people and communities**.

2: Organisational resilience while transitioning from emergency food aid

In this half-day workshop, we focus on:

- Developing a clearer understanding of the roles and responsibilities of volunteers, local authorities, and community food organisations within your local food system
- Building confidence to maintain professional boundaries and using escalation pathways and referral processes.
- Volunteer retention through wellbeing-focused practices.
- Safeguarding in community food support
- Physical safety procedures and lone-working guidance.
- Supervision, mentoring and ongoing support structures.
- Understanding organisational resilience in community food support
- Financial resilience and sustainability during transition

Practical learning includes:

- Working through practical scenarios together that can be applied to your local authority
- Facilitated discussion and reflection to better understand volunteer roles within your organisations
- Designing a structured volunteer induction process and role-specific training.
- Using targeted funding such as the CRF to provide training, support, and supervision to volunteers