

Training for building resilient and dignified food systems

WILL YOURS BE THE FIRST
FOOD BANK FREE
CITY?

ALLIANCE FOR
DIGNIFIED 
FOOD SUPPORT



Our training offer supports local authorities, food partnerships and community food groups to move beyond short-term crisis response and toward the development of a fully integrated, preventative, resilient and dignified food and local support system.



The four training modules do not need to be completed sequentially. Instead we provide organisations with a **bespoke offer** that aligns with where each organisation is on their journey and their specific objectives

Ending Reliance on Emergency Food Aid: a four-tiered training model

Level 1: DIGNITY
Dignity and Community
Food Groups



Level 2: RESILIENCE
Trauma informed training
and structured support for
resilience



Level 3: STRENGTHENING
Working together as local
authorities and food
partnerships to strengthen
food systems



**LEVEL 4:
TRANSFORMATION**
Design and deliver a
transition away from
emergency food

FOR: Community food
groups, emergency food aid
provider, LFPs

WHAT: A practical, interactive
introduction to embedding
dignity within community food
provision, using the ADFS
Dignity Toolkit to audit and
improve current practice

FOR: Community food
groups, emergency food aid
providers and LFPS

WHAT: Embedding trauma-
informed practice, structured
volunteer support and clear
governance processes

FOR: Local authorities, food
partnerships and community
food groups

WHAT: A strategic training
for local authorities and
food partnerships to
strengthen community food
systems by embedding the
ADFS Charter of Rights

FOR: Local authorities,
food partnerships,
statutory services, and
VCSE organisations

WHAT: A comprehensive,
systems-level training to
support local authorities
in using the CRF to design
and deliver a transition
away from emergency
food aid.

3: Transitioning from emergency food aid models to resilient, dignified and sustainable community food projects

For: Local Authorities, Food Partnerships, community food groups

How: 2 half-day workshops delivered in-person or online

This workshop supports you in moving beyond traditional emergency food aid and develop **sustainable, dignified, and resilient community food projects**.

Participants will explore how to **review and evaluate their current food support model, identify opportunities for change, and agree on a clear direction for the future**. The workshop also focuses on co-designing approaches that strengthen **dignity, build community resilience, and encourage local involvement**.

In the first workshop, we will **explore your current food support offer** and compare it with other community food approaches. We will also look at the **wider framework for creating long-term change and reducing reliance on emergency food aid**. In the second workshop, participants will develop a **practical action plan** to support their transition and turn ideas into achievable next steps.

3: Transitioning to resilient, dignified and sustainable community food projects

In these two workshops, you will cover:

- Evaluating your current food support offer
- How to develop agreement on strategic direction regarding model, costs and community navigation
- Different models and approaches to food provision, including Affordable Food Clubs
- An overview of the wider transition framework, including cash-handling, governance, communication strategies and more
- Participatory approaches to consulting with service users
- Developing resilient governance and resilient wrap around support
- Dignity and trauma training for volunteers

Practical learning includes:

- Developing a communication strategy for current and new members
- Planning an initial volunteer workshop to discuss future options that include: costs and current situation; different potential members models; dignified and trauma-informed cash handling
- Developing a dignity toolkit evaluation before and after transition
- Tools to measure the impact of transition on both volunteers and service users