

Training for building resilient and dignified food systems

WILL YOURS BE THE FIRST
FOOD BANK FREE
CITY?

ALLIANCE FOR
DIGNIFIED 
FOOD SUPPORT



Our training offer supports local authorities, food partnerships and community food groups to move beyond short-term crisis response and toward the development of a fully integrated, preventative, resilient and dignified food and local support system.



The four training modules do not need to be completed sequentially. Instead we provide organisations with a **bespoke offer** that aligns with where each organisation is on their journey and their specific objectives

Ending Reliance on Emergency Food Aid: a four-tiered training model

Level 1: DIGNITY
Dignity and Community
Food Groups



Level 2: RESILIENCE
Trauma informed training
and structured support for
resilience



Level 3: STRENGTHENING
Working together as local
authorities and food
partnerships to strengthen
food systems



**LEVEL 4:
TRANSFORMATION**
Design and deliver a
transition away from
emergency food

FOR: Community food
groups, emergency food aid
provider, LFPs

WHAT: A practical, interactive
introduction to embedding
dignity within community food
provision, using the ADFS
Dignity Toolkit to audit and
improve current practice

FOR: Community food
groups, emergency food aid
providers and LFPS

WHAT: Embedding trauma-
informed practice, structured
volunteer support and clear
governance processes

FOR: Local authorities, food
partnerships and community
food groups

WHAT: A strategic training
for local authorities and
food partnerships to
strengthen community food
systems by embedding the
ADFS Charter of Rights

FOR: Local authorities,
food partnerships,
statutory services, and
VCSE organisations

WHAT: A comprehensive,
systems-level training to
support local authorities
in using the CRF to design
and deliver a transition
away from emergency
food aid.

4: Creating a local food support transition strategy that builds resilience and dignity

For: Local Authorities and Food Partnerships

How: One- day workshop in-person or online

This workshop is designed to support **local authorities** and **food partnerships** to use relevant funding including the **Crisis and Resilience Fund** to transition the local community food system toward ending reliance on emergency food parcels.

Participants will explore how to create **support systems** that **meet the immediate needs of people in crisis** while helping them **access longer-term solutions**. The workshop supports the development of a **Food Bank Exit Plan**, including **cash-first approaches** that provide people with **financial support** at the point of need. We also look at how **advice, referral**, and other **resilience services** can work together to provide joined-up support.

Local authorities will learn how to **map their community food system** and related **support services**. Using this knowledge, they will develop a clear **three-year strategy** to reduce the routine use of emergency food aid by **improving access to benefits, housing, health, and social care support**. Participants will also receive guidance on identifying funding opportunities and planning for future challenges

4: Creating a local food system transition strategy for preventative community food provision

In these two workshops, you will cover:

- The role of funding, including the CRF, in shifting from emergency food aid preventative, resilience-focused support
- Mapping the local food system and crisis infrastructure to identify gaps in support, duplication, under-resourcing and opportunities for greater coherence.
- Creating a shared understanding of local authority responsibilities in crisis response, safeguarding, mental health and financial wellbeing.
- How to transition away from emergency food aid to sustainable models of support
- Understanding cash-first approaches and alternatives to emergency food aid
- Measuring impact and success

Practical learning includes:

- Public health impact mapping of community food systems- understanding the physical, mental, social, economic, environmental impacts
- Developing a 3-year local strategy to transition from emergency food aid that redefines partnerships and improves collaboration and integration of statutory and community provision
- Mapping the local food system and crisis infrastructure to identify gaps in support, duplication, under-resourcing and opportunities for greater coherence.
- Identifying strategic training and support needs locally